

ENTREES

Finger Lickin' Fried Chicken

Betty's secret recipe for super succulent hormone free thigh, leg and breast. Served with a biscuit and your choice of mashed potatoes, french fries or coleslaw. (Please allow extra time for this dish, good things are worth the wait). **~12.95**

Hot Turkey Plate

Hot turkey sandwich topped with gravy. Served open face on a dutch crunch roll over mashed potatoes with cranberry sauce and a side of peas. **~11.95**

Betty's Gone Fishin'

Ask your server about the catch of the day. **~M/P**

Tri-Tip Plate

House marinated, grass-fed tri-tip roasted to medium rare, served with mashed potatoes and fresh seasonal vegetables. **~11.95**

Beer Battered

Fish n' Chips
Sierra Nevada battered cod, fried crispy. Served with crispy fries, cocktail and tartar sauce. **~9.95**

Magic Shroom

Balsamic marinated Portabella mushroom, grilled and served over mashed potatoes with a side of seasonal veggies. It's mind altering. **~11.95**

Mac Daddy

A manly portion of crispy, cheesy macaroni goodness topped with crispy bacon. **~8.95**

SIDES

(Fries are trans-fat free. Sweet Potato Fries are trans-fat and gluten free.)

Crispy Fries

Reg **~1.75** Basket **~2.95**

Sweet Potato Fries

Reg **~3.25** Basket **~4.95**

Crunchy

Onion Rings **~4.95**

50/50 Crispy n'

Sweet Fries **~3.95**

50/50 Crispy Fries n'

Onion Rings **~3.95**

50/50 Sweet Fries n'

Onion Rings **~4.95**

Chili Cheese

Fries **~5.49**

Mashed Potatoes

(no gravy) **~3.49**

Gravy **~.50**

Coleslaw **~2.95**

Mixed Seasonal

Veggies **~3.95**

House made

Potato Chips **~1.75**

2 Buttermilk

Biscuits **~1.95**

ICE CREAM & SHAKES

Polar Bear Featured Flavors: Chocolate, Vanilla, Strawberry, Thin Mint, Dirty Paws, Cake Batter, Milk & Cookies, Monkey Business, Turkish Coffee, Olallieberry & Honey

Cone or Cup

Single **~2.75** Double **~4.25**

Shakes

12 oz. **~4.95** 16 oz. **~6.49**

Classic Malt

12 oz. **~5.49** 16 oz. **~6.95**

Float Your Own Boat **~4.95**

2 scoops ice cream & your choice of soda.

Split My Banana **~6.95**

You pick three flavors of ice cream, we top them with chocolate sauce, whip cream, nuts and a cherry.

*Polar Bear Ice Cream
is locally owned & manufactured
with all natural ingredients*

KIDS MENU

For kids age 12 and under please!

Biddy Betty **~3.95**

Chicky Tenders **~4.49**

Corn Doggie **~2.95**

Mac and Cheese **~3.95**

Grilled Cheese **~3.95**



Kisses, Betty

Takeout
Menu
Order to-go!



Downtown
Santa Cruz

1222 PACIFIC AVE | 831.600.7056

STARTERS

Skinny Dippers

Fresh, seasonal veggie platter served with homemade ranch dressing. ~ **5.49**

Nachos O' Lay

Tortilla chips layered with black beans, sharp cheddar cheese, sour cream, homemade salsa and guacamole. ~ **7.95**
(Add grilled chicken breast ~2)

Potato Skin Chips

Homemade potato chips, topped with melted cheddar cheese, crispy bacon bits, green onions and sour cream. ~ **4.95**

Crispy Calamari

House made breaded calamari rings and tentacles, fried crispy and served with cocktail and tartar sauce. ~ **7.95**

Wing My Bell

House made wings smothered in a teriyaki chipotle glaze served with ranch or blue cheese for dipping! ~ **6.95**

Popcorn Shrimp

A basket of crunchy fried shrimp served with tartar and cocktail sauce. ~ **8.95**

Chicken Tenders

Chicken strips are not just for kids! Served with tangy BBQ sauce and ranch dressing. ~ **5.49**

SALADS

Homemade dressings: tangy tahini, eye-talian, creamy blue cheese, honey mustard vinaigrette, ranch or chipotle ranch.

Rough & Ready

Mixed greens, shredded carrot, cucumber, tomato, almonds and dried cranberries. ~ **4.95**

Taco Teaser

Chopped greens topped with black beans, corn, crispy tortilla strips, chicken, guacamole, fresh cotija cheese and chipotle ranch. ~ **10.95**

The Wedgie

Iceberg lettuce with bacon, avocado and blue cheese dressing. A crisp wedge of heaven. ~ **6.95**

Betty on Top

Rough & Ready salad with a grilled chicken breast, salmon, veggie, beef or turkey patty on top. ~ **7.95**

(Substitute Portabella ~ **8.95**)

Pork in the Hay

Slow roasted pork served over apple and red onion coleslaw with fresh cotija cheese and a tangy honey mustard vinaigrette.

A big mound of mmm... ~ **8.95**

Caesar Salad

Fresh chopped romaine hearts and crunchy homemade croutons tossed in creamy caesar dressing with grated Parmesan cheese on top. (Add seasoned grilled chicken breast ~2) ~ **6.95**

Cobb Salad

Chopped greens, ham, grilled chicken, bacon bits, crumbled blue cheese, tomatoes, avocado and hard-boiled egg. ~ **10.95**

BURGERS N' HOT DOGS

Betty burgers are made with fresh, all natural beef. **NO antibiotics, NO hormones in her beef ever!** All burgers are dressed with lettuce, tomatoes, red onions, pickles and lube. Betty's lubes are all mayonnaise based.

All burgers available
'BAREBACK STYLE'
aka lettuce wrapped.

Sub a gluten free bun for ~ **1.50**

Substitute any burger for a portabella mushroom for ~ **1.00**

Basic Betty

1/3 lb. burger patty with Betty's secret lube. ~ **5.95**

Big Betty

1/2 lb. burger patty with Betty's secret lube. ~ **6.45**

Double Dutch

Full pound of beef with Betty's secret lube. ~ **8.95**

Point Grinder

1/2 lb. burger with bacon, sautéed mushrooms, blue cheese and green onion lube. ~ **7.95**

Mad Mex

1/2 lb. burger with fresh guacamole, pepper jack cheese and mild chipotle lube. ~ **7.95**

Texas Two Step

1/2 lb. burger with onion rings, bacon, cheddar and Betty's homemade BBQ sauce. ~ **8.49**

The Duke

1/2 lb. island style burger with grilled pineapple, bacon, cheddar and sweet teriyaki lube. ~ **8.49**

Smokin' Betty

1/2 lb. burger patty with roasted balsamic onions, smoked cheddar cheese, bacon, lettuce, tomato and mayo. ~ **8.49**

Good Ol' Fashion Patty Melt

1/3 lb. burger patty with grilled onions, swiss cheese melted and Betty's secret lube on toasty rye bread. ~ **8.49**
Add sautéed mushrooms for ~ **.95**

Chick-A-Dee

Seasoned, grilled chicken breast with Betty's secret lube on a whole wheat bun. ~ **6.49**

The Gobbler

Ground turkey burger with green onion lube on a whole wheat bun. ~ **6.49**

Slammin' Salmon

Salmon burger with green onion lube on a whole wheat bun. ~ **7.49**

Tracks in the Grass

Homemade veggie burger with Betty's secret lube served on a whole wheat bun. ~ **5.95**

Lucky Lady

8" plump all-beef hot dog in a bun. ~ **4.95**

ADDITIONS

cheese .75

American

Swiss

Sharp Cheddar

Pepper Jack

Crumbled Blue

Provolone

chilli .95

sauteed mushrooms .95

sauteed onions .50

guacamole 1.25

bacon 1.25

pineapple .75

avocado 1.25

onion rings 1.25

SANDWICHES

Betty's dressings and lubes are all mayonnaise based. Served with a side of homemade chips.

Oven Roasted Turkey Sandwich

Classic Turkey Sandwich— Fresh roasted turkey served cold with cranberry sauce and mayo on whole wheat or sourdough bread. We roast our own for good juicy white meat. ~ **8.49**

Shrimp Po' Girl

Crunchy fried shrimp, shredded lettuce and kickin' chipotle lube served nestled in a sweet French roll—Betty's Po' Girl puts a Po' Boy to shame. ~ **9.95**

Tramp on a Roll

Slow Roasted Pork Sandwich with apple and red onion coleslaw and green onion lube served on a sweet French roll. ~ **7.95**

Caesar Wrap

Our caesar salad all wrapped up in a spinach tortilla. (Add seasoned grilled chicken breast ~2) ~ **7.95**

Betty Likes it Tender (BLT)

Crispy bacon, lettuce, tomato and avocado with Betty's green onion lube served on toasted sourdough or whole wheat bread. ~ **9.95**

Veggie Surprise

Grilled Portabella mushroom, zucchini and red bell peppers with roasted balsamic onions, provolone cheese, fresh spinach and mayo. Served warm on toasted sourdough or whole wheat bread. ~ **9.95**

Grilled Cheese

A blend of 3 cheeses grilled on sourdough bread. (Add ham or turkey ~2) ~ **6.95**

Tri-Tip Sandwich

House marinated tri tip roasted to medium rare with lettuce, tomato, onions and mayo on a sweet French roll. ~ **9.95**

SOUP N' CHILI

Liquid Love

cup ~ **3.49** bowl ~ **4.95**

Homemade Chicken Noodle Soup with **a dash of cream**. Best ever, don't need no other.

Blast Off Chili

cup ~ **3.95** bowl ~ **5.49**

Homemade kick-butt chilli and beans with sharp cheddar cheese, sour cream and red onions.